

# May

	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK			1 Breakfast Potatoes Turkey Sausage	2 Grits Applesauce	3 WW Bagel & Cream Cheese* Applesauce *D
LUNCH			Baked Ham Sweet Potatoes Melon	Turkey Burritos *+ Black Beans & Brown Rice Melon *+D	Pizza* w/ Turkey Cubes Beans Fruit Salad *D z
PM SNACK			Roasted Chick Peas Cheezits* *D c	Ritz Hummus	Orzo Steamed Broccoli
	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	6 WW Waffle* Blueberry Applesauce *ED	7 Oaty Os Baked Apples c	8 Wheaties Mandarin Oranges	9 Cottage Cheese* Pineapple *D	10 WW English Muffins Strawberry Applesauce
LUNCH	Burgers Steamed Squash Melon f	Meatless Lasagna* Carrots Berry Salad *ED c	Chicken & Rice Green Beans Melon c	Meatballs & WW Pasta Broccoli Applesauce f	Pizza* w/ Cottage Cheese*+ Salad # Fruit Salad *+D f
PM SNACK	Herb Roasted Chick Peas Pineapple	Wheat Ritz Green Beans c	Caprese Salad* Ritz *D c	Corn Chex Melon	Yogurt* Bananas *D
	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	13 Rice Chex Applesauce	14 Oatmeal Pineapple	15 WW Pancake* Applesauce *ED	16 WW Bagel Orange Marmalade	17 Oaty O's Melon
LUNCH	Baked Spaghetti (WW)* Salad # Tropical Salad *D f	Mac & Cheese* w/ Ham Broccoli Melon *D z	Meatballs Gravy over Rice (WG) Lima Beans Oranges f	BBQ Chicken Chicken Teriyaki Green Beans Banana f	Pizza* w/ Ham Cubes Steamed Broccoli Fruit Salad *D f
PM SNACK	Wheat Cracker Green Beans c	Pretzel Nuggets Sliced Cheese* *D	Basil Pesto Tortellini* Melon *D	Herbed Tortilla Guacamole	Ritz Housemade Salsa
	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	20 Grits Melon	21 Corn Chex Blueberries	22 WW Bagel Pineapple	23 Wheaties Baked Apples	24 Blueberry Yogurt* Belvitas *D
LUNCH	Beef Stroganoff Broccoli Applesauce f	Grilled Chicken Peas Melon c	Baked Ziti*+ Tomato Salad*+ Oranges *+D *+D f/c	Tortellini Alfredo* Green Beans Berry Salad D* z	Pizza* w/ Turkey Cubes Beans Fruit Salad *D z
PM SNACK	Teriyaki Green Beans Mandarin Oranges	3-Bean Salad Corn Bread* *ED	WW Cracker Mashed Carrots	Cucumber Salad Melon	Kix Bananas
	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	27 	28 Breakfast Potatoes Turkey Bacon	29 Grits Pineapple	30 Corn Chex Blueberries	31 Yogurt* Bananas *D
LUNCH		Grilled Chicken w/ WW Roll Broccoli Pineapple z	Meatballs w Potatoes Salad # Blueberry/Applesauce f	Ham Strata* Broccoli Pears *ED	Pizza* w/ Cottage Cheese*+ Salad # Fruit Salad *D *+D f
PM SNACK		Animal Crackers Yogurt* *D	Smashed Honey Carrots WW Crackers f	Lemon Rice Melon	Orange Slices Goldfish* *D
*+ Dairy, request dairy free option			E - Meal may contain Eggs		
%+ Egg, request egg free option			D - Meal may contain Dairy		
# On days a salad is served with lunch, infants and toddlers will be served an alternate vegetable.			f - fresh		
Infants are served whole milk. Toddlers and older are served 1% milk.			z - frozen		
			c - canned		
Entrée Alternatives: Grilled Chicken, Deli Meat, Peanut Butter OR Sunflower Butter Sandwich, Vegetarian					